

There is really no way to study for a psychometric test. Although the ability assessment measures general knowledge, there is no true way of knowing what will be on the test for studying purposes. However, there are a few things that can be done before and during the test to maximize efficiency.

Arrive on time. Treat the psychometric test as any other part of the interview and hiring process. Allot plenty of time to get ready and drive to the testing site. Nothing says unprofessional as a person who is late. Chances are that the person administering the test will also be a person who is influential in the hiring process.

Given the likelihood that the person administering the test will be someone well-connected within the hiring process, dressing professionally is necessary. Dress as if it were a face-to-face interview. Be sure to look conservative and neatly groomed. Even though it may be just a test, it is necessary to show that all aspects of the job are taken seriously.

Some people may find themselves to be overly nervous. Be prepared and know ahead of time how much time is necessary to calm down. For those that tend to be overly anxious, try the usual stress-relieving techniques the night before. Get plenty of rest and allow enough time before the test to become composed.

Most importantly, be yourself. Act as natural as possible and answers questions without exaggerating too much or being too modest. Be truthful with the answers and be aware that not every answer is going to be the perfect answer. Be prepared to answer questions about personality, ethics, interests, and general knowledge. By knowing what to look forward to, the applicant can be encouraged to give more truthful and real answers.

Even though psychometric testing is a form of test, it is still difficult to study for it. Make sure to treat the test as if it were a face-to-face interview. Arrive on time, dress professionally and be yourself. Allow time for any personal matters that may need to be taken care of, such as calming down and alleviating anxiety. Keep these preparations in mind, and the testing will be in the bag.