

In some areas of the world, mostly tribal nations who do not have a written language, rely solely on other forms of communication such as facial expressions and body language. To make the interview process successful, these forms of communication should also be implemented. These are referred to as non-verbal's or non-verbal communication methods. It is reported that most interviews fail miserably because not enough communication is used during the interview process.

### **Eye Contact**

This may be hard for some to maintain. In some cultures it is taught that making eye contact is disrespectful, but in the Western civilization it is the opposite. Maintaining firm and steadfast eye contact will give evidence that you are sincere and you are interested in what the interviewer is saying. Eye contact when maintained with the interviewer will also show that you are confident and that your attention is undivided. Avoid looking at your feet or at a picture on the wall while the interviewer is talking.

And also avoid looking away when the interviewer requires eye contact with you. This happens when he or she asks you a question and stares at you while waiting for an answer. Try to avoid looking away from his or her gaze in temporary submission to the intimidation. He or she WILL use eye contact as a method to see if you are easily intimidated. The best solution to this is to maintain firm and continual eye contact during the entire interview process.

### **Facial Expressions**

It is common for interviewees to change facial expressions during the interview. Many of them are quite oblivious to the fact that their facial expressions are strange, annoying and gloomy. It is best to practice making positive expressions (smiles, grins, etc.). And practice it until you are able to consciously "feel" and be aware of your expressions so you will be able to relay a positive and memorable expression.

### **Posture**

Don't slouch! Your mother was always right when she encouraged you to sit up straight in your seat. Her reasoning behind her words is more than likely to ensure you have a straight backbone. But another good reason for not slouching is that good posture relays the message that you are confident and strong. When standing always stand up straight and when sitting always sit up as straight in your chair. This will give you a commanding stance and you will be seen as a confident individual.

### **Hand Gestures**

Hand gesturing should be restricted to only genuine and evocative gesturing used only when you are trying to convey an important thought. Do not overdo the gestures.

These non-verbal's will no doubt make the interview successful. Using these tried and trusted communication methods will allow the employer to see you as an intellectual and resolute individual. Your goal is to make your interview successful and to get the job you have applied for. Always remember to make firm eye contact and gesture properly while talking.