

Don't worry; it is ok to be nervous during a behavioral interview. After all, you are trying to make a good impression on your potential employer. When you notice your potential employer implementing this method, just relax and try your best to relay how you have behaved during certain employment situations in the past. You will not know which method he or she plans on using *until* the interview has begun. But you may ask: "Can I prepare for a behavioral interview, even if I'm not sure which the employer will use?" The answer is YES!

### **Advance Preparation and Performance**

If you suspect your potential employer may use a behavioral interview, it is best still to prepare for a traditional interview. Prepare your answers for a straightforward interview. Jot down answers that you have difficulties remembering. When you have prepared your straightforward answers, take a moment to meditate on your previous career experiences. Recall events in your work history in which you have been put to the test and recall how you handled them. It is also wise to jot down some of these events that highlight your logical, reasoning, problem solving and/or your creative abilities. The objective is to highlight who you are as an employee and to highlight how you handle yourself (behave) under stressful employment situations.

If the employer says something that is unclear, always ask him or her to clarify the question. Do not be afraid to ask him or her to repeat the question as well. Always remember to include the certain situation that you have recalled to mind, the tasks that were entrusted in you to handle the situation, the constructive actions you took and the outcome of the positive actions taken by you.

There aren't any rights or wrong answers given during a behavioral interview. By asking these questions, your potential employer is trying to understand you as a person and as a potential employee. He or she is also trying to decide if you will fit into their company's corporate structure. So relax and do your best.